

PE and sporty ideas to try at home

May updates and extra ideas/ resources

School virtual 10k challenge.

Please click on the letter in parents' updates or in class Teams folder to find information on our school 10k challenge and work towards a special medal.

Shropshire Virtual School Games

Please click above for more information of a competition that replaces this term's School Games competitions. All children can take part in the virtual School Games. The games start week beginning 18th May and a new challenge will be set each week, with a link to a video demonstrating the task. It would be great if our school could take part.

18/05/2020 - #DodgeballChallenge 25/05/2020 - #NAKChallenge (New Age Kurling)
01/06/2020 - #AthleticsChallenge 08/06/2020 - #BocciaChallenge 15/06/2020 -
#CricketChallenge 22/06/2020 - #TennisChallenge

29/06/2020 – Shropshire Homes Virtual School Games Celebration Week

Get Set

This term we had registered with 'Get Set' to do lots of activity leading up to the Tokyo Olympics.

With the Olympics cancelled, Get Set have changed the activity so that our school is a whole team and parents can log on and add activity to our school team to win prizes.

For more information click on the link below. Search for our school with our postcode SY10 9DY. You can register for weekly update emails with more activity ideas and win prizes for taking part!

<https://www.getset.co.uk/travel-tokyo>

Youth Sport Trust Home Learning resources

<https://www.youthsporttrust.org/free-home-learning-resources-primary>

Youth Sport Trust have worked with a key partner [Complete PE](#) to produce home learning resources. Complete PE is an online planning and assessment resource, which provides teachers with lesson plans and resources to support the delivery of high quality PE. There are lots of great idea here that you can try at home- all free at the moment.

Bee Netball (For boys and girls)

<https://www.EnglandNetball.co.uk/bee-at-home/bee-home-videos/>

England Netball were due to launch a new netball scheme for Primary children this summer- Bee Netball. They have just launched Bee@home for this period. There are some great videos with ideas for games on their new website.

Shrewsbury Town Football club

<https://www.shrewsburytowninthecommunity.com/shrewsathome/>

You can sign up to receive emails from Shrewsbury town and access ideas for activities at home. They have also made French video lessons with one of their players Romain Vincelot.

<https://www.shrewsburytowninthecommunity.com/activities/modern-foreign-languages/>