

PE and School Sports Development plan and Impact of Sports Premium at Trefonen CE Primary

September 2023- July 2024

<u>Key achievements 2022-2023</u>	<u>Areas for further development</u>
<ul style="list-style-type: none"> • Quality CPD for staff- orienteering, dance, tennis, swimming. • Daily Mile embedded well in Wrens, Puffins and Hawks with all children participating. Continued to see the improvement shown in annual sponsored walk/ run with number of laps completed. (Had to put a limit on number of laps pupils could do to prevent injury/ fatigue!) • ‘Welly Wednesdays’ and outdoor play learning embedded well in Reception class • Pupils’ views gained on PE and School sport and additional physical activity. In end of Year focus group and KS2 survey children demonstrated real enthusiasm for the PE and school Sport that they have been involved this year. • Year 3, 4, 5 and 6 classes all successfully took part in outdoor and adventurous days- Year 5- canoeing and orienteering, Year 6 Canoeing and climbing, Year 4- archery and team building and Year 3 orienteering, shelter building, team-work and archery activities. • Year 4,5 and 6 pupils received 6 hours of swimming tuition, making good progress. • All staff updated in current research in PE – Ofsted, AfPE, YST • Tennis embedded across the school • Introduced ‘Active Blasts’ across the school as part of daily 30 minute active • New games and dance SOW received very positively by staff and being used effectively. • Continued to use PE to raise standards across the curriculum- focus on computing. • Early Years Provision monitored and supported to ensure pupils in Reception are provided with high quality experiences that enable them to develop strong foundations for learning in PE, in line with the revised EYFS Goals and Development matters guidelines. • Staff using of assessment in PE within lessons to raise standards • Most staff completed Forest school online training – next step- embed regular use of Forest Schools activities across the school. • MOKI trackers used to explore ways for tracking pupil’s physical activity in Year 3. • Year 6 completed bike-ability course with excellent pass rate • Year 3 completed Learn to Ride course with excellent outcomes • Year 4 completed level 1 training with excellent outcomes • All Year Reception took part in balance bike sessions- very well received and excellent outcome. New balance bikes being used effectively with Reception pupils. Trainer noted the difference in pupil confidence this year. • Took part in wide range of competitive sports competition. 100% of Year 6, represented the school in competition, 81% Y5, 74% Y4, 50% Y3 and 90% Year 2. 	<ul style="list-style-type: none"> • Identify staff key areas for development and provide support/CPD to raise standards in teaching during 2023/24/ 2024/25. We have a number of new staff during this academic year- important that they are fully supported in delivering our high level PE and School Sports program. Ensure all staff new to school are up to date with current good practise in PE teaching. ✓ • Increase opportunities for SEND and less confident pupils to take part in inter competitive sport/ sporting opportunities. ✓ • Review planning materials being used for each area of PE and our PE Road map to ensure that we are meeting the needs of all pupils. ✓ • Develop a pupil, staff, coach and parent Code of Conduct for taking part in School Sports Activities. ✓ • Support the development of pupils’ cultural capital by providing opportunities through sport to inspire pupils. ✓ • Review the pupil code for conduct for taking part in after school sports activities. ✓ • Review risk assessments for all areas of PE and School Sport. ✓ • Develop our after school sports clubs offer following change in provider ✓ • Develop intra school sports activities to include more opportunity for collaboration between classes. ✓ • Provide training for lunch and playtime supervisors to support and encourage children with play. ✓ • Develop pupil ‘sports Council’ to develop more of the pupil’s ideas in PE and School sport. • Develop Forest school and embed regular activities across the school. • Reapply and successfully obtain School Games Award. ✓

Academic Year: 2023-2024	Total fund allocated: £17,000	Date Updated: July 2024
Key aims over next 3 years		
<ul style="list-style-type: none"> All PE teaching is consistently good or better. Teachers know and understand what outstanding teaching and learning in PE looks like and how to deliver it Pupils are engaged in high quality, regular physical activity. Expectations of pupils' learning in PE is high and is consistent throughout the school. Pupils achieve well and make good progress (they know more, can remember more and do more). Pupils working at greater depth in PE are identified and are making good progress. 		
Costs shown on budget summary		
Key indicator The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school		
Intent	Implementation	Impact and notes of progress
Encourage additional physical activity within the school day as part of the 30 minutes active offer.	Staff to ensure that pupils have movement breaks within a sedentary activity or plan more physical activities to meet the objectives of the lesson. Provide access to Imoves 'Active Blasts' class based movement for all classes.	Impact- Children are active for at least 30 minutes each day in school. Examples of activities taken part in: Wrens pupils and Cross country club took part Santa Run/ Daily Mile December 23 Registered to take part in TCS London mini marathon challenge April 24. KS2 took part in mini-marathon. Trophy received July 2024 Active Blasts being used in all classes. Daily mile / mindful mile Lunchtime supervisor/ TA exploring running supported games activities at lunchtime.
All children active at playtimes/ lunchtimes Encourage children to take part in as much physical activity and try new activities.	Encourage skipping activities- introduce challenges 'Play Makers'- Year 6 sports leaders to encourage active games with younger children. Supplement after school clubs	Impact-Children are choosing physical activity at break and lunchtimes Sept 23- Skipping workshops held for all classes Results from skipping challenges to be submitted to Skipping Workshops Children regularly skipping at playtimes. More equipment used at lunchtime New after school clubs supplemented to support building up the club numbers. Lunchtime supervisor/ TA exploring running supported games activities at lunchtime. Y6 Playmakers trained, supported y3 PE lessons, KS1 sports day, lead games for younger pupils.
Develop 'personal best' competition.	Use 'Personal Best' in athletics with all KS2 classes Summer 2024 Use 'Daily Mile Passport' for children to record progress against their own 'Personal Best' Introduce skipping challenges- see above.	Impact- Children keen to beat their own skills in order to beat their 'personal best' in athletics. Children enjoy trying to improve their personal best in the daily mile. Need to develop further from September- passport not used.
Encourage active travel to and from school.	Take part in Sustrains Big Walk and Wheel March 24	Children encouraged to take part in Big Walk and wheel. Lots of children took part. Ongoing issue of needing place to store bikes/ scooters.
Monitor children's activity levels throughout the day.	Use of Moki activity bands	Software updated on all KS2 staff laptops. Pupils enjoy wearing the bands to track activity. Batteries are an issue. Next step- Develop competition between KS2 classes next year.
Increase after school sports offer. Increase numbers of pupils attending.	Employ new coach to run after school clubs for KS1 and KS2 pupils	Impact: Wide range of activity clubs for pupils to access. New coach running KS1 and KS2 multi-skills club. ECB cricket coach running KS2 Cricket club during summer term. Netball, cross country in Autumn and spring. Increased supervised games activities at lunchtime- look to develop further.

Key indicator The profile of PESSPA being raised across the school as a tool for whole school improvement		
Intent	Implementation	Impact and notes of progress
Use physical activity as a tool to develop pupil's gross and fine motor control skills. Improve pupils PE skills through developing gross and fine motor control.	Implementation of OT / Cool kids support for identified pupils. Skipping workshop for whole school- encourage skipping to develop children's gross motor control	Impact- Improved gross and fine motor coordination in identified children. Pupils identified as needing support with gross and fine motor control through OT assessment flowchart. Program implemented on 1-1 and small group basis. Target children supported in PE sessions. Skipping workshop held in October- since then more pupils skipping on playgroup. Older children helping younger children to learn.
Raise standards in other curriculum areas through use of links to PE and increased physical activity.	Look for ways to use links to sport/ PE and use of physical activity to develop children's understanding in other curriculum areas. Plan and deliver more active lessons- through use of Orienteering cross curricular courses Develop use of outdoor activities across the school- Forest School type activities to further increase pupils activity levels	Impact- Standards in other curriculum areas raised through use of links to PE and physical activity. Power maths make excellent links to sport and PE to make problem solving in maths 'real'. New fixed orienteering course on playground and EYFS course in outdoor area. All staff received training. Staff exploring resources and trialling courses during spring and summer term. R-Y5 staff all accessed and taken part in online training in Outdoor Education. Y6 teacher- new member of staff- to access next year. Implemented well in EYFS, staff in other classes trialling activities.
Use PE (School Games) values alongside our School Values to reinforce positive behaviour and attitudes in all areas of school and wider life.	School Games Values shared with children and displayed on School Games board and in all classrooms- referred to and used as a tool in other areas of the curriculum. Year 3/4 pupils working on PE life Skills Award One- focussing on using values in PE and Sport and in everyday lives. Those who completed level one last year working on Level Two. Year 4 and 5 pupils in Puffins working on John Muir Outdoor Award.	Impact- Children demonstrate positive attitudes and behaviours in all areas of school and wider life through use of School Games Values. Y3 Pupils completed level 1 PE Life Skills and older Y3 /Y4 Completed level 2 Puffins class pupils completed John Muir Award
Recognise and reward pupil's behaviours, awareness, knowledge and understanding in PE and its importance to their wider wellbeing and maintaining a healthy, active lifestyle.	Deliver YST Life Skills in lower Key Stage Two The PE Life Skills Award represents a reward system for learners, recognising the demonstration of positive behaviours in four key areas: emotional, cognitive, physical and social at four distinct levels: experiencing, understanding, applying and valuing	Impact: Pupils able to demonstrate key life skills in PE and wider life. Life Skills Award delivered to pupils in Wrens class. Children really enjoy working in Learning Journals and looking for ways they can develop skills in PE. Year 4 and older Year 3 pupils in Wrens successfully trialled level 2 of the award.

Key indicator Increased confidence, knowledge and skills of all staff in teaching PE and sport		
Intent	Implementation	Impact and notes of progress
All staff to be confident in planning and teaching lessons. New members of staff to be fully up to date and confident with areas of PE that they deliver. All lessons delivered to be good or better.	Survey staff on areas of PE that they would like/ need further CPD. New members of staff to attend CPD in areas that they have not covered in previous posts. Monitor use of new games SOW planning. Subscription to PE planning, Dance to school and Enrich orienteering	Impact: Staff confident in planning and delivering dance and gymnastics Reception teacher competed Dance to School and Orienteering training online and delivering in R/ Y1 class. Staff feedback on games SOW very positive. Staff confident in using. Review some blocks used in Reception with class teacher. New R and Y1/2 teachers completed Dance to School training. Staff completed questionnaire to identify strengths and areas for further development in next academic year.
Staff are up to date with latest developments in teaching PE and school sport.	PE lead teacher feed-back (In scheduled PD meeting) all updates to all staff and governors (through a written report) after attending all training/ receiving School Games updates. Attend Shropshire Sports Conference and disseminate information to Trefonen staff. Subscribe as members to AfPE Subscribe as members to YST	Impact: All staff are up to date with developments in PE and school sport. October 24 LD and NP attended Sports Conference -enthusied by speakers at the conference and many new teaching ideas and opportunities. Regular governors updates written for Governors and LD regular meetings with Link Governor. Subscribed to AfPE and YST and regularly read updates and development through mailings and journals. Relevant information passed on to all staff.
All staff who deliver swimming teaching to be confident in planning and leading group sessions and have necessary training to do so.	All KS2 staff involved in delivering swimming teaching to access CPD sessions with qualified swimming teachers (delivering swimming lessons to small groups of children)	Impact: All staff who deliver swimming teaching are confident in planning and leading group sessions and have necessary training to do so. Children receive high quality swimming sessions and make good progress. Most children leave school meeting minimum curriculum requirements. 2 x TAs and 2x teaching staff received CPD in summer term.
High quality provision in PE in Early Years. EYFS Goals fully implemented by temporary class teacher.	Monitor and support to ensure that pupils in Reception are provided with high quality experiences that enable them to develop strong foundations for learning and progress in PE, in line with the revised EYFS Goals and Development matters guidelines.	Impact: Continuous high quality provision for R pupils in class teacher's absence. SOW for games and dance evaluated with cover teacher. Changes made to units taught to best match the ability level of pupils. CPD provided in areas noted by the cover teacher.
Develop staff confidence in delivering cricket sessions across the school.	Use of Chance to Shine teaching materials Chance to Shine Cricket coaching – 8 weeks delivery to all classes	Impact: Staff increased confidence in planning and delivering cricket sessions across the school. Chance to Shine County coach delivered 9 curriculum sessions – all classes receiving at least 4 sessions. Staff supported coach, observed good practise- delivering cricket progressive sessions, taking notes for own use when delivering sessions.

Key indicator Broader experience of a range of sports and activities offered to all pupils		
Intent	Implementation	Impact and notes of progress
Offer children a range of sporting activities and encourage pupils to take up activity and develop skills in new activities. Provide high quality experiences for children	Book workshops/ demonstrations of different activities that pupils can try. Book visit to local football stadium- inspirational event Offer after school clubs with range of activities for children	Impact: All children find an activity that they enjoy taking part in. Children develop skills in a range of physical activities. Sept 23 - Whole school skipping workshop with National Skipping Workshops. Children choosing skipping as activity at playtimes. Inspirational KS2 visit to Anfield- Liverpool football club Whole school cricket workshops with ECB ECB cricket coach delivered cricket club to pupils from Y1-6 Qualified coach delivered clubs- multi-skills KS1 and KS2- different sport area each week. Staff delivered Cross country running, netball clubs
Develop confidence in girls to take part in football cricket and tennis	Take part in National Let Girls Play Day March 23 Trial girls only after school cricket club to encourage girls to take part Sign up for girls only football festival Include girls in football teams	Signed up for and took part in KS2 girls only football competition- Y3/4 and Y5/6 girls loved and the event had a huge positive impact on confidence and enjoyment in playing football. Girls also played in all football teams where possible- Y3/4, Y5/6 and Y1/2 Signed up and took part in girls only cricket competition June 24. Took 10 ks2 girls to watch ladies quarter final tennis match and tennis workshop. Girls only cricket club session to encourage girls to attend after school club.
Develop Reception confidence, safety and ability in riding bikes. Develop Year 6 pupil's knowledge, confidence and road safety awareness when riding bikes. Develop Year 3 knowledge, confidence and safety when riding bikes.	Provide balance bike training for R pupils Provide Bike ability training for Year 6 pupils. Provide Y3 Learn to ride sessions	Impact: children able to ride bikes safely and with enjoyment Reception completed balance bike training November 23 Year 3- completed Learn to Ride March 24 Year 6 Completed Level 1 and 2 November 23 EYFS using balance bikes regularly in outdoor activities.
Further increase use of outdoor environment to increase active lessons.	Monitor staff completion of Forest school training Monitor use of outdoors activity across the school	Impact: Staff confident in delivering outdoor activities. Outdoors activity used regularly in classes to increase active lessons. Area needs further input and development.
Encourage families to take part in physical activity together outside of school.	Invite pupils to take part in 10k challenge over May half term to earn an Olympic themed medal to celebrate Paris Olympics 2024.	51 parents and children took part in 10k medal challenge. Promoted family activities taking part in the area in the newsletter.
Provide access to a range of activities including adventurous to encourage children to try something new and take part in activity that puts them out of their comfort zone, develops independence and teamwork.	Provide outdoor and adventurous activity to all KS2 pupils	Y5 pupils took part in orienteering on fixed course in woodland and canoeing on canal Year 6 pupils took part in caving and climbing activities in Llanymynech rock. Y4 took part in outdoor day offsite Y3 took part in outdoor day on field

Key indicator Increased participation in competitive sport		
Intent	Implementation	Impact and notes of progress
<p>Ensure that we have access to a range of competitions at Level 2 (Intra school sport.) To participate in wide range of inter school sport competitions. Aim 100% Y6 pupils to represent the school in competition Aim 60% of Y2-Y5 children to represent the school in competition/ sporting activity.</p>	<p>Contribute to Competition Manager at local secondary school. Membership of local sports association Register for competitions offered.</p>	<p>Impact School offered and taking up a range of inter school sports competitions. Participated in Ks2 Cross country races, Y3/4 football Oct 23, Y5/6 hockey x 2 November 23, Tag Rugby Nov 23, NAK, badminton 100% of Year 6 and Year 5 represented the school in sport competition.</p>
<p>Offer personal challenges (level 0 competition) to encourage children to work hard to develop skills, make good progress and develop sense of achievement.</p>	<p>Roll out Daily Mile personal best record to rest of school Personal best school competition summer 24</p>	<p>Impact: Children work hard to develop their personal best, make good progress and feel sense of achievement. Children worked hard in athletics sessions to beat personal best and school records!</p>
<p>Provide inspirational role models to encourage children to aim high!</p>	<p>Booked Chance to Shine cricket coach- county player and coach Lara Jones</p>	<p>The cricket coach was an excellent role model to the children and really inspired girls to enjoy and take up cricket. Qualified athletics coach running ks1 and ks2 club.</p>
<p>Ensure pupils with SEND / low achieving pupils are included in competition.</p>	<p>Complete inclusive check on School Games Sign up to participate in SEND offer through School Games. Select lower achieving/ SEND pupils in team sport competitions.</p>	<p>Impact: All SEND pupils given same opportunity as other pupils to compete in sports competitions. September NAK, December Badminton, March 24- SEND / Sportsability cricket, Nov 23 Hockey B team, Dodgeball B team We ensure that all SEND pupils in upper ks2 are given opportunity to compete in sports competitions are part of all teams that we take to competition. We have a real balance of taking the strongest team and aiming to win, with ensuring all children have the opportunity, when ready, to compete in a team.</p>
<p>Ensure pupils are prepared for inter school competition Provide opportunity for all pupils to take part in competitive sports activities at a level that they can access.</p>	<p>Hold intra school competition within class and between mixed classes each term.</p>	<p>Impact: pupils taking part in regular intra competition. At the end of each block of teaching in PE children are involved in intra competition within and sometimes between classes. For example Year 2/3 football, hockey mini tournament, Year 4/5 mini rugby, dodgeball, rounders tournament, Year 5/6 mini rugby, football, hockey tournaments. This supports children in competing in safe, comfortable surroundings with pupils they are familiar with to prepare them for competition away from school against other schools.</p>