

## PE and School Sports Development plan and Impact of Sports Premium at Trefonen CE Primary

September 2022- July 2023

### Key achievements 2021-2022 (Affected by Covid Restrictions September 21 to April 22)

Some competitions were cancelled due to Covid outbreaks at organisers venue and we had to pull out of competition due to staff and pupil absences due to Covid. At the beginning of the year classes were unable to mix in school for intra school sport and competition.

- Quality CPD for staff- swimming, dance and tennis
- Year 6 completed bike-ability course with excellent pass rate
- Year 3 completed Learn to Ride course with excellent outcomes
- Year 5 completed level 1 training with excellent outcomes
- All Year Reception and Year 1 took part in balance bike sessions- very well received and excellent outcome
- Daily Mile embedded well in Wrens, Puffins and Hawks with all children participating. Noted the improvement shown in annual sponsored walk/ run with number of laps completed
- Successfully held annual sponsored walk/ run with parent supporter invited back for the first time.
- Puffins Class achieved John Muir Award for outdoor and environmental work
- 'Welly Wednesdays' outdoor learning embedded well in Reception class.
- In end of Year focus group and KS2 survey children demonstrated real enthusiasm for the PE and school Sport that they have been involved this year
- Year 3, 4, 5 and 6 classes all successfully took part in outdoor and adventurous days- Year 5- canoeing and orienteering, Year 6 Canoeing and climbing, Year 4- archery and team building and Year 3 orienteering, shelter building, team-work and archery activities.
- Year 4,5 and 6 pupils received 6 hours of swimming tuition, making good progress.

### Areas for further development

- Identify staff key areas for development and provide support/CPD to raise standards in teaching during 2022/2023. Ensure all staff are up to date with current good practise in PE teaching.
- Tennis delivery CPD for all staff. Embed LTA Tennis scheme across the school
- Monitor impact of new games and dance SOW
- Swimming CPD for new members of staff and refresher courses for existing staff
- Early Years Provision - Monitor and support to ensure pupils in Reception are provided with high quality experiences that enable them to develop strong foundations for learning in PE, in line with the revised EYFS Goals and Development matters guidelines.
- Further develop use of PE as a tool to raise standards across the curriculum.
- Monitor staff use of assessment in PE within lessons to raise standards
- Gain views of pupils on PE and School sport and additional physical activity.
- Monitor use of new balance bikes in reception. Provide balance bike training session for Reception staff.
- Roll out British Athletics award scheme in athletics across Key Stage Two following trial in Year 3
- Work with Playing fields committee to develop the 'Daily Mile' trail path.
- Roll out 'Daily Mile Passport' for Personal Best across ks2 following trial in Y3
- Encourage active play and increased fitness and coordination through introduction of skipping challenges
- Monitor staff completion of Forest school training and use of activities across the school
- Investigate ways of tracking pupils' physical activity.

Academic Year: 2022-2023	Total fund allocated: £17,000	Date Updated: July 2023	
Key aims over next 3 years			
<ul style="list-style-type: none"> <li>All PE teaching is consistently good or better. Teachers know and understand what outstanding teaching and learning in PE looks like and how to deliver it</li> <li>Pupils are engaged in high quality, regular physical activity.</li> <li>Expectations of pupils' learning in PE is high and is consistent throughout the school. Pupils achieve well and make good progress (they know more, can remember more and do more).</li> <li>Pupils working at greater depth in PE are identified and are making good progress.</li> </ul>			
Key indicator The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school			
Intent	Implementation	Cost	Impact and notes of progress
Encourage additional physical activity within the school day.	<p>Staff to ensure that pupils have movement breaks within a sedentary activity or plan more physical activities to meet the objectives of the lesson.</p> <p>Look into purchasing 'Active Maths/ Active English' resources- Teach Active.</p> <p>Purchase access to Imoves 'Active Blasts' class based movement for all classes</p> <p>Introduce Movement Break monitors in other KS2 classes to support activity breaks throughout the day.</p>	£164	<p>Impact- Children are active for at least 30 minutes each day in school. Whole school took part in TCS London mini marathon challenge Oct 22 following success in KS2 last year. Many children ran further than needed for the 2.6 miles and were so enthusiastic! November 22 Badge pins delivered.</p> <p>KS2 pupils took part in Laps to Lapland – Daily Mile challenge December 22</p> <p>Santa run planned December 22</p> <p>KS2 pupils took part in Guinness world record attempt Pledge and run 1 mile for TCS London Marathon April 2023</p> <p>Whole school have access to Active Blasts- demonstrated to all staff on PD day Oct 31<sup>st</sup></p> <p>Teachers trialling implementing Active Blasts in class during wetter weather and Daily mile activity on better weather days.</p> <p>Signed up for week's free trial for Active Learn November 22. Materials good- however many changes to curriculum areas at present so hold until next year to purchase and implement.</p>
<p>All children active at playtimes/ lunchtimes</p> <p>Encourage children to take part in as much physical activity and try new activities.</p>	<p>Encourage skipping activities- introduce challenges</p> <p>'Play Makers'- Year 6 sports leaders to encourage active games with younger children.</p> <p>Supplement after school clubs</p> <p>Invite clubs to showcase their out of school club to the school</p>	<p>£295 Skipping workshop</p> <p>£209 Play Makers</p>	<p>Impact-Children are choosing physical activity at break and lunchtimes</p> <p>Sept 22- Skipping workshops held for all classes Results from skipping challenges to be submitted to Skipping Workshops</p> <p>November 22- Skipping challenges introduced</p> <p>Two pupils awarded medals from National Skipping Workshops for their excellent scores October 22</p> <p>Children regularly skipping at playtimes.</p> <p>Hawks class trained as Playmakers- Playmakers running clubs for R and Y1 pupils at lunchtimes. Clubs very popular with younger pupils July 23</p> <p>Whole school Cricket Roadshow workshops held March 23 Children signed up for out of school cricket club as a result of workshops.</p>

Develop 'personal best' competition.	Use 'Daily Mile Passport' for children to record progress against their own 'Personal Best' Roll out British Athletics Awards scheme Summer to all KS2 classes Summer 2022 Introduce skipping challenges- see above.		Impact- Children keen to beat their own skills in order to beat their 'personal best'.  Athletics scheme has been changed and therefore we were unable to implement this summer. Will look at new scheme for schools next summer. During this summer all KS2 children have been working on personal best in athletics activities leading up to Sports Day where seven school records were beaten. Children love having a best score to beat.  Children enjoy trying to improve their personal best in the daily mile
Encourage active travel to and from school.	Provide shelter for bikes/ scooters to encourage active travel	TBC	Awaiting new parent handover area on School Lane to be completed to add shelter. Space is a real issue and this is only area identified as suitable.
Monitor children's activity levels throughout the day.	Use of Moki activity bands- trial in one class initially then across the school.	Purchased with last year budget July 22.	November 22- Wrens Class trialling Moki bands. Children very enthusiastic and doing extra activity to record more steps and Moderate activity points! Issue with batteries and software initially and had to wait for upgrade software on our system so trial on hold. Initial issues resolved and bands connecting more easily. Wrens class trial successful and pupils very enthusiastic- all agreed it encouraged them to be more active when wearing the watches and created excitement about amount of steps completed for personal best and competition between children. Next year plan to use across KS2 and encourage competition between classes- need software on all KS2 staff laptops.
Support lunchtime and break time supervisors in how best to encourage and manage physical activity at break and lunchtimes	Enrol all supervisors/ TAs in successful supervisor training. Plan in time for TAs and supervisors to complete. Monitor impact of training	£240	All TAs and supervisors enrolled on course and introduction to program delivered by head teacher. TAs given time frame to complete this year's modules and feedback. Feedback session held in summer term. All positive about the training and could share examples of using successfully in playground. Need to monitor impact on physical activity.
Encourage continued physical activity during Easter break	Organise and promote 10k challenge for Easter break. Children to run, jog or walk 10k over as many sessions as needed for a Coronation Medal.	£168	Impact: Pupils active over the Easter break with family and friends. Very good uptake on challenge- 85 medals. Pupils enjoyed taking part and sharing where and how they had completed their 10K

**Key indicator**

**The profile of PESSPA being raised across the school as a tool for whole school improvement**

Intent	Implementation		Impact and notes of progress
Use physical activity as a tool to develop pupil's gross and fine motor control skills. Improve pupils PE skills through developing gross and fine motor control.	Implementation of OT / Cool kids support for identified pupils.  Skipping workshop for whole school- encourage skipping to develop children's gross motor control	£1150 OT support £550 support in lessons  (Skipping	Impact- Improved gross and fine motor coordination in identified children.  Pupils identified as needing support with gross and fine motor control through OT assessment flowchart. Program implemented on 1-1 and small group basis. Target children supported in PE sessions.

		workshop See Key indicator)	Skipping workshop held in October- since then much more skipping on playgroup. Older children helping younger children to learn.
Raise standards in other curriculum areas through use of links to PE and increased physical activity.	Look for ways to use links to sport/ PE and use of physical activity to develop children's understanding in other curriculum areas. Plan and deliver more active lessons- through use of Orienteering cross curricular courses/ Active spell/ Active maths  Develop use of outdoor activities across the school- Forest School type activities to further increase pupils activity levels  Use of Imoves- subject based activity videos	£1900 Enrich orienteering and staff CPD	Impact- Standards in other curriculum areas raised through use of links to PE and physical activity. Power maths make excellent links to sport and PE to make problem solving in maths 'real'. New fixed orienteering course on playground and EYFS course in outdoor area. All staff received training. Staff exploring resources and trialling courses during spring and summer term. Active spell and maths to be looked at in September. R-Y5 staff all accessed and taken part in online training in Outdoor Education. Y6 teacher- new member of staff- to access next year. Implemented well in EYFS, staff in other classes trialling activities.
Use PE (School Games) values alongside our School Values to reinforce positive behaviour and attitudes in all areas of school and wider life.	School Games Values shared with children and displayed on School Games board and in all classrooms- referred to and used as a tool in other areas of the curriculum.		Impact- Children demonstrate positive attitudes and behaviours in all areas of school and wider life through use of School Games Values.
Recognise and reward pupil's behaviours, awareness, knowledge and understanding in PE and its importance to their wider wellbeing and maintaining a healthy, active lifestyle.	Introduce YST Life Skills in lower Key Stage Two as a trial this year. Year 3 pupils working on PE life Skills Award One- focussing on using values in PE and Sport and in everyday lives. The PE Life Skills Award represents a reward system for learners, recognising the demonstration of positive behaviours in four key areas: emotional, cognitive, physical and social at four distinct levels: experiencing, understanding, applying and valuing	£67.00 Personal Best £355 life skills	YST Life skills purchased and lead teacher taken part in online training in order to deliver. Life Skills Award delivered to pupils in Wrens class. Children really enjoy working in Learning Journals. All Year 3 pupils achieved Level 1 PE Life Skills Award and really enjoyed working on the program. All pupils achieved level one and gave positive feedback about the program. Next step- Year 4 pupils in Wrens to trial level 2 of the award alongside Year completing Level 1.
Develop pupil leadership and communication skills through PE	Deliver Playmakers training to Hawks class. Use sporting opportunities to develop pupil's communication skills (purchase microphone and speaker)	See previous indicator £274	Hawks class all trained in Playmakers. All pupil's practised skills when delivering a session to Year 3 pupils. Year 6 pupils given the opportunity to deliver a welcome speech to parents at KS2 Sports Day
Develop pupil's awareness and knowledge of first aid.	Flat Stan first aid workshops for all pupils across the school	525	Very successful workshop day held. Pupils knowledge and ability to deal with first aid situations developed. Pupils would be better equipped to deal with a first aid situation.
Develop use of computing across the curriculum. Develop pupil peer and self-assessment in PE	Build on self and peer assessment used, particularly in gym and dance but can also be used in games situation. Purchase set of ipads for pupils to film and photograph to analyse own and peer performance with the aim of further improvement.	£7000	lapds purchased and installed in hall summer 23. Staff session on best practise in September. Monitor effective use in autumn term- staff to share good practise.

Key indicator Increased confidence, knowledge and skills of all staff in teaching PE and sport			
Intent	Implementation	Cost	Impact and notes of progress
<p>All staff to be confident in planning and teaching lessons.</p> <p>All lessons delivered to be good or better.</p>	<p>Survey staff on areas of PE that they would like further CPD. New members of staff to attend CPD in areas that they have not covered in previous posts.</p> <p>Monitor use of new games SOW planning.</p> <p>Sign up to Schools Swim charter</p>	<p>£185</p> <p>£550 dance CPD</p> <p>£30 tennis CPD</p> <p>£110 SW orienteering CPD</p> <p>£36 swim charter</p>	<p>Impact: All staff delivering games confidently. All staff delivering games sessions that are good or better.</p> <p>Feedback on new games planning is excellent- all staff find it easy to use, very detailed and report improved quality of lessons and standards in games sessions. SOW very progressive within and between year groups.</p> <p>Two new members of staff attended tennis CPD – positive feedback- increased confidence in delivering tennis using LTA schools tennis scheme. (Also see section on swimming CPD)</p>
<p>Staff are up to date with latest developments in teaching PE and school sport.</p>	<p>PE lead teacher feed-back (In scheduled PD meeting) all updates to all staff and governors (through a written report) after attending all training/ receiving School Games updates.</p> <p>Attend Shropshire Sports Conference and disseminate information to Trefonen staff.</p> <p>Subscribe as members to AfPE and YST to keep up to date with current developments and best practise.</p>	<p>£670</p> <p>£250 curious curriculum including supply</p> <p>£600 conference including supply</p> <p>£255 AfPE</p> <p>£95 YST</p>	<p>Impact: All staff are up to date with developments in PE and school sport.</p> <p>October 22 LD and LzD attended Sports Conference -enthused by speakers at the conference and many new teaching ideas and opportunities. Fed back to rest of school staff and shared documents from AfPE</p> <p>Regular governors updates written for Governors and LD regular meetings with Link Governor.</p> <p>Subscribed to AfPE and YST and regularly read updates and development through mailings and journals.</p>
<p>All staff who deliver swimming teaching to be confident in planning and leading group sessions and have necessary training to do so.</p>	<p>MJ, HG, SW to attend 2 day ASA swimming course. Staff who would like further training to also attend as refresher- LD, LP</p> <p>Book additional swim teacher during swim sessions for staff to work alongside for further CPD</p>	<p>£550 CPD</p> <p>£880 cover</p> <p>£220 cover</p> <p>£482 swim teachers</p>	<p>Impact: All staff who deliver swimming teaching are confident in planning and leading group sessions and have necessary training to do so.</p> <p>Children receive high quality swimming sessions and make good progress. All children leave school meeting minimum curriculum requirements.</p> <p>LD Successfully completed 2 day Teacher swimming certificate. NP, MJ, SW all completed 1 day Teaching assistant swimming certificate.</p> <p>Staff worked alongside swim teachers to deliver swimming lessons. Staff released on pool side to observe swim staff to observe best practise.</p>

High quality provision in PE in Early Years. EYFS Goals fully implemented	Monitor and support to ensure that pupils in Reception are provided with high quality experiences that enable them to develop strong foundations for learning and progress in PE, in line with the revised EYFS Goals and Development matters guidelines.		Impact: Children in Early Years make good progress as a result of high quality provision in PE. Reception teacher using games, gymnastics and dance SOW to support planning high quality and sequential lessons for reception pupils. Feed back on SOW positive. Teacher feels confident in delivering. End of year data from reception pupils shows
Deliver a fully progressive games curriculum in PE	Repeat review of PE curriculum map following introduction of new SOW and dance in games.  Produce PE pathway document	Release £440	Impact: fully progressive PE sessions taught within and across year groups. New games SOW fully embedded across the school. Some sports have specialist planning from their Sports Body which we have adopted e/g LTA tennis/ Bizi badminton. Staff positive about SOW and planning guidance in place and confident in using to deliver sessions. PE pathway produced which clearly shows what is taught and when and how areas build upon each other throughout the school.
New members of staff to be fully up to date and confident with areas of PE that they deliver.	Survey new members of staff to find areas that may need CPD or other support. Provide CPD/ resources in areas needed.		SW attended LTA tennis course, TA Swim England course, Tag rugby course, Dance to School Training LD – Trained and certified in delivering and assessing PE Life Skills Award
<b>Key indicator</b> Broader experience of a range of sports and activities offered to all pupils			
<b>Intent</b>	<b>Implementation</b>	<b>Cost</b>	<b>Impact and notes of progress</b>
Offer children a range of sporting activities and encourage pupils to take up activity and develop skills in new activities. Provide high quality experiences for children	Book workshops/ demonstrations of different activities that pupils can try.  Book visit to local football stadium- inspirational event  Offer after school clubs with range of activities for children  Year six bowling taster session	See Key indicator 1  £250	Impact: All children find an activity that they enjoy taking part in. Children develop skills in a range of physical activities. Sept 22 - Whole school skipping workshop with National Skipping Workshops. Children choosing skipping as activity at playtimes. Contacted Shrewsbury Town but unable to make contact to organise a KS2 visit. Contact now made with Liverpool FC- visit to be arranged Autumn term. Whole school cricket workshops with CCB- children booked on to out of school cricket club as a result. Wright Way coaching delivered clubs- multi-skills KS1 and KS2- different sport area each week. SW – Year 5/6 multi-skills- different activity each week. LD and NP Cross country running, netball shooting stars. Unfortunately we had to pause some clubs in summer due to the coach taking up a new full time position- advertise for new coach in September.

Develop orienteering offer and increase staff confidence in delivering.	Purchase and install fixed orienteering course and plan CPD for staff. Monitor use of orienteering materials across the school	See previous indicator	Impact: Staff confident with delivering orienteering and have resources available to deliver successfully. Children enjoying orienteering both in lesson and free time. All staff trained Y2-6. All staff trialled using materials in addition to PE curriculum. Pupils very enthusiastic and good progress observed. Orienteering planned into curriculum in each class. Monitor next year.
Develop take up of football with girls.	Use of Disney Shooting Stars after school Take part in National Let Girls Play Day March 23 Trial girls only after school football club again to encourage girls to take part Sign up for girls only football festival Include girls in all football teams when possible.		Booked to take girls to Let girls play, but unfortunately cancelled due to weather. Signed up for and took part in KS2 girls only football competition- girls loved and the event had a huge positive impact on confidence and enjoyment in playing football. Unfortunately our after school coach moved to a new position- advertise for new coach in September. Girls played in all football teams where possible- Y3/4, Y5/6 and Y1/2
Develop Reception confidence, safety and ability in riding bikes. Develop Year 6 pupil's knowledge, confidence and road safety awareness when riding bikes. Develop Year 4 children knowledge, confidence and road safety awareness when riding bikes. Develop Year 3 knowledge, confidence and safety when riding bikes.	Provide balance bike training for R pupils(and any Y1 pupils who need additional support). Provide Bike ability training for Year 6 pupils. Provide Y3 Learn to ride sessions Provide Level 1 bike-ability training year 4 pupils Monitor use of balance bikes in Reception class	£ Bike-ability/ balance bike training no cost- Shropshire funding See Key Indicator 1	Impact: children able to ride bikes safely and with enjoyment All cycle training booked for two weeks in March 23 Reception completed balance bike training Year 3- completed Learn to Ride Year 4- completed Level 1 Year 6 Completed Level 1 and 2 EYFS using balance bikes regularly. Reception TA attended balance bike training as CPD to support children with activities back in class sessions. Instructor noted how much more confident the children were this year since us having balance bikes in school. Good feedback from instructors.
Further increase use of outdoor environment to increase active lessons.	Monitor staff completion of Forest school training Monitor use of outdoors activity across the school	£330 cover to complete training £220 John Muir training session LM	Impact: Staff confident in delivering outdoor activities. Outdoors activity used regularly in classes to increase active lessons. LD, LzD, NP, JR all completed relevant modules on Outdoor Teacher training. Now being rolled out to TAs- MJ, DM,DS,JD, EE. New member of staff SW to complete in Autumn term. Outdoor activities being trialled in classes. Received well by children and really help to increase activity levels alongside many other interpersonal skills and support mental health. Schedule regular sessions from Autumn term.
Provide children with opportunity to try new outdoor and adventurous activity.	Plan and deliver outdoor and adventurous activity to ks2 pupils. (External provider for offsite activities)	£1090	All KS2 pupils take part in outdoor and adventurous activity Year 3- outdoor and adventure day school based Y4 – Outdoor adventure camp day Isle Estate Year 5- Canoeing and orienteering Year 6 – Caving and climbing

Key indicator Increased participation in competitive sport			
Intent	Implementation	Cost	Impact and notes of progress
<p>Ensure that we have access to a range of competitions at Level 2 (Intra school sport.)</p> <p>To participate in wide range of inter school sport competitions.</p> <p>Aim 100% Y6 pupils to represent the school in competition</p> <p>Aim for 60% of Y2-Y5 children to represent the school in competition/ sporting activity.</p>	<p>Contribute to Competition Manager at local secondary school.</p> <p>Membership of local sports association</p> <p>Register for competitions offered.</p>	<p>£500</p> <p>£35</p> <p>1500 release cover</p> <p>£550 transport</p>	<p>Impact School offered and taking up a range of inter school sports competitions.</p> <p>Participated in</p> <p>Ks2 Cross country races, Y3/4 football Year 1/2 football, Year 5/6 football, Girls only football, Y5/6 hockey x 2 November, Tag Rugby, Year 3/4 Dodgeball , Y5/6 dodgeball, athletics, indoor athletics, y5 rounders, Year 6 rounders, orienteering, gymnastics, ks1 indoor athletics, 100% of Year 6 represented the school in sport competition. 82 % taken part in 3 or more competitions.</p> <p>Year 5- 81%, Year 4 74%, Year 3 50%, Year 2 90%</p>
<p>Offer personal challenges (level 0 competition) to encourage children to work hard to develop skills, make good progress and develop sense of achievement.</p>	<p>Roll out Daily Mile personal best record to rest of school</p> <p>Roll out BA athletics award scheme to rest of ks2 in summer term.</p>	<p>Supplement cost of badges to introduce the scheme across ks2</p>	<p>Impact: Children work hard to develop their personal best, make good progress and feel sense of achievement.</p>
<p>Provide inspirational role models to encourage children to aim high!</p>	<p>Book visit from athlete (Sportsforschools?)</p>		<p>Year 6 children trained as Playmakers to lead activity and act as role models to younger pupils.</p> <p>(Book athlete visit next year)</p>
<p>Ensure pupils with SEND / low achieving pupils are included in competition.</p>	<p>Complete inclusive check on School Games</p> <p>Sign up to participate in SEND offer through School Games.</p> <p>Select lower achieving/ SEND pupils in team sport competitions.</p>		<p>Impact: All SEND pupils given same opportunity as other pupils to compete in sports competitions.</p> <p>Completed inclusive health check on School Games. SEND offer limited this year due to change of School Games Staff. We ensure that all SEND pupils in upper ks2 are given opportunity to compete in sports competitions are part of all teams that we take to competition. We have a real balance of taking the strongest team and aiming to win, with ensuring all children have the opportunity, when ready, to compete in a team.</p>
<p>Ensure pupils are prepared for inter school competition</p>	<p>Hold intra school competition within class and between mixed classes each term.</p>	<p>£220 release to plan/organise</p>	<p>Impact: pupils taking part in regular intra competition.</p> <p>At the end of each block of teaching in PE children are involved in intra competition within and sometimes between classes. For example Year 2/3 football, hockey mini tournament, Year 4/5 mini rugby, dodgeball, rounders tournament, Year 5/6 mini rugby, football, hockey tournaments. This supports children in competing in safe, comfortable surroundings with pupils they are familiar with to prepare them for competition away from school against other schools.</p>