

## PE and School Sports Development plan and Impact of Sports Premium at Trefonen CE Primary

September 2021- July 2022

Key achievements 2020-2021 (Affected by Covid Lockdown. Schools closed except to Key Workers January 2021-March 2021 and restrictions on sporting activity/ competition/ travel)

All usual face to face competitions were cancelled this year except rounders in July 2021. We were also unable to hold Reception and Year 1 balance bike course and Year 3 bike-ability. Year 3/4/5 swimming lessons were unable to take place.

- All children in KS2 Took part in virtual games challenges and athletic competitions with other local schools.
- Took part in national virtual Boccia competition during lockdown with Key Worker children.
- Regular intra school competition within class
- Safely began to introduce face to face competition at the end of the summer –year 5 rounders/ Y6 rounders. Year 5 team finishing runners up.
- Quality CPD for staff- online LTA tennis course
- Year 6 completed bike-ability course with excellent pass rate
- Took part in ‘The Big Pedal’- encouraging children to bike, scoot or walk to school rather than car where possible.
- Encouraged children to take part in ‘Travel to Tokyo’ Get Set activity and FoTs Travel to Tokyo fundraiser.
- Daily Mile embedded well in Wrens, Puffins and Hawks with all children participating.
- Successfully held annual sponsored walk/ run in class ‘bubbles’.
- Puffins Class achieved John Muir Award for outdoor and environmental work
- ‘Welly Wednesdays’ outdoor learning embedded well in Reception class.
- In end of Year focus group children demonstrated real enthusiasm for the PE and school Sport that they have been involved this year, despite the restrictions we have been working under.
- Cool Kids Occupational therapy successfully delivered to SEND pupils in Year 5/6
- Year 3, 4, 5 and 6 classes all successfully took part in outdoor and adventurous days- Year 5- canoeing and orienteering, Year 6 Canoeing and climbing, Year 4- archery and team building and Year 3 orienteering, shelter building, team work and archery activities.
- Year Six pupils received 3 hours of swimming tuition despite not being able to hire usual facilities and swim teaching staff.

### Areas for further development

- Identify staff key areas for development and provide support/CPD to raise standards in teaching. Ensure all staff are up to date with current good practise in PE teaching.
- Embed new PE scheme of work to supplement games and dance planning throughout the school.
- Provide dance and games CPD for all staff to increase knowledge of teaching each area. Swimming CPD for new members of staff
- Early Years Provision - Monitor and support to ensure that pupils in Reception are provided with high quality experiences that enable them to develop strong foundations for learning in PE, in line with the revised EYFS Goals and Development matters guidelines.
- Further develop use of PE as a tool to raise standards across the curriculum.
- Review assessment in PE- revisit ‘expected’ standard in each area in each year group. How do we monitor and measure progress?
- Gain views of pupils on PE and School sport and additional physical activity.
- Include Year 3 children in bike ability training- Level 1 in Year 3 followed by Level 2 in 5/6.
- Purchase balance bikes for use in Reception class. Reception staff to take part in balance bike course.
- Provide additional swimming sessions for Year 5 and 6 to compensate for missed sessions in 2020 and 2021.
- Look at possibility of providing additional swimming support for LA swimmers who are unlikely to meet end of Year 6 minimum requirements due to missed sessions over Covid period.
- Introduce BA award scheme in athletics
- Provide outdoor shelter area for outdoor activities
- Provide shelter for bikes/ scooters to encourage active travel
- Work with Playing fields committee to develop the ‘Daily Mile’ trail path.
- Provide additional play markings on playground to encourage active play.
- Introduce ‘Daily Mile Passport’ for Personal Best.
- Reintroduce ‘Playmakers’ sport leader training
- Encourage active play and increased fitness and coordination through skipping
- Forest school training for as many staff as possible- Level 2.
- Reintroduce after school sports clubs following pause due to Covid.

Academic Year: 2021-2022	Total fund allocated: £17,155+11,685 carry forward	Date Updated: July 2022	
Key aims over next 3 years			
<ul style="list-style-type: none"> <li>All PE teaching is consistently good or better. Teachers know and understand what outstanding teaching and learning in PE looks like and how to deliver it</li> <li>Pupils are engaged in high quality, regular physical activity.</li> <li>Expectations of pupils' learning in PE is high and is consistent throughout the school. Pupils achieve well and make good progress (they know more, can remember more and do more).</li> <li>Pupils working at greater depth in PE are identified and are making good progress.</li> </ul>			
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school			
Intent	Implementation	Cost	Impact and notes of progress
Encourage additional physical activity within the school day.	<p>Staff to ensure that pupils have movement breaks within a sedentary activity or plan more physical activities to meet the objectives of the lesson.</p> <p>Take part in daily mile on field track or playground. KS1 to develop participation in the daily mile. Work with Playing fields committee to develop the 'Daily Mile' trail path.</p> <p>Use of BBC Super Movers</p> <p>Look into purchasing 'Active Maths/ Active spelling' resources.</p> <p>Reintroduce skipping activities at break time</p> <p>Reintroduce Playmakers training for leaders to lead activity at lunchtimes.</p>	<p>Cost of developing daily mile pathway TBC</p> <p>£295</p> <p>£518</p>	<p>Children are not sedentary for long periods. Children are more physically active.</p> <p>Oct 21- KS1 exploring ways of embedding the daily mile.</p> <p>Jan 22- Puffins class trailing 'Movement leaders' in class that help make sure class are active throughout the classroom day. Wrens taken on this idea and two class members taken on role Spring 22.</p> <p>LD discussed extending footpath on field with Village Playing Fields Association- all agreed to support work on this. Will look into grant to support work. Enquired with Sport England lottery grant but advised that it doesn't meet criteria for a grant.</p> <p>Skipping workshops held for all classes October 21</p> <p>Playmakers training delivered to all Hawks class and Y6 pupils leading activities for R/y1 pupils at lunchtimes.</p>
Provide opportunity for parents to support and encourage children taking part in physical activity.	<p>Invite parents to come to watch and support children taking part in sponsored run/ walk.</p> <p>Invite parents to watch and support at ks1 and ks2 sports days.</p> <p>Promote physical activity by signposting parents to local clubs and activities.</p> <p>Organised family virtual 10k event over Easter break with Jubilee medals</p>	<p>£85.00</p>	<p>Parents are able to support children and celebrate participation in physical activities.</p> <p>We promote a large number of local clubs/ local events in our newsletter.</p> <p>Oct21- Large number of parents came to the event to support children- fantastic atmosphere and celebration of children's hard work.</p> <p>Parents invited to watch children in after school cross country race and presentation evening.</p> <p>Parents invited to watch and support KS1 and KS2 sports days.</p>
All children active at playtimes/ lunchtimes	<p>Encourage skipping activities- relaunch with Whole school skipping workshop'</p> <p>Reintroduce 'Play Makers'- Year 6 sports leaders to encourage active games with younger children.</p> <p>Provide balance bikes for R outdoor activities</p>	<p>£295 Skipping workshop</p> <p>£518 Play Makers</p>	<p>Children are choosing physical activity at break and lunchtimes</p> <p>Oct 21- Whole school skipping workshop led by Skipping Workshops coach. Skipping now more popular on the playground. More ropes purchased for skipping.</p> <p>Spring 22- Skipping challenges introduced and displayed around the</p>

	Provide additional play markings on playground to encourage active play.	£1000  £486	playground. Quote for markings obtained- installation date moved back to 27 <sup>th</sup> June. Spring 22 Playmaker materials ordered and received- awaiting staff member availability to deliver. Summer 22 Play Makers training delivered to Hawks class by class teacher. Children now invited to take on role of Playmaker leaders with younger children at lunchtimes. Balance bikes for reception- order placed. 6 bikes and helmets received.
Develop 'personal best' competition.	Introduce 'Daily Mile Passport' for children to record progress against their own 'Personal Best' Introduce British Athletics Awards scheme Summer 2022 Introduce skipping challenges.		Children keen to beat their own skills in order to beat their 'personal best'. Sept 21- Wrens class trialling Daily Mile Passport. Some limitations found- adapt next year. Spring 22- skipping challenges introduced. Wrens class trailed use of British Athletics awards- roll out to all ks2 classes next year. Children really enjoyed trying to beat personal best and achieve higher status in the awards
Encourage children to take part in as much physical activity and try new activities.	Supplement after school clubs where needed to support them running. Personalise our Activity Passport activities with additional sporting/ physical activities that we would like children to achieve either in school or at home- e.g. learn to skip, run a mile, compete in a sports activity for a club or school.		Children trying new activities and taking part in as much physical activity as possible. Reintroduced external provider for 2 x clubs per week. Class teachers running clubs 2x week in autumn and spring
Encourage active travel to and from school.	Provide shelter for bikes/ scooters to encourage active travel	TBC	More children travelling by bike or scooter than school rather than in cars. Not been possible to complete this year Very limited space to install on school grounds. Investigating possibility of installing just outside school gates.

**Key indicator 2:**

**The profile of PESSPA being raised across the school as a tool for whole school improvement**

Intent	Implementation		Impact
Use physical activity as a tool to develop pupil's gross and fine motor control skills. Improve pupils PE skills through developing gross and fine motor control.	Implementation of OT / Cool kids support for identified pupils.  Skipping workshop for whole school- encourage skipping to develop children's gross motor control	£1500 OT support (£518 spent due to staff changes) See Key indicator 1	All children have good gross and fine motor control. Identified children supported with developing gross and fine motor control removing barriers to succeeding in PE activities. Skipping workshop Sept 21- OT support in place in Puffins, Hawks and Wrens. Plan to advertise for additional support for other classes. Staff changes have impacted delivery in summer term.
Raise standards in other curriculum areas through use of links to PE and increased physical activity.	Look for ways to use links to sport/ PE and use of physical activity to develop children's understanding in other curriculum areas.	£500 R-3 dance  £450 Y3-6 dance	Standards in other subjects raised through PE and physical activity. Children show deeper understanding of area of learning due to use of link to PE or physical activity. RE -Diwali dance workshop to develop pupils understanding of other religions/ cultures. Oct 21- Diwali dance workshop ks1+Y3 Children could talk with confidence about learning in RE through taking part in workshop.

		£900 Rocktopus	<p>Dance workshop to develop understanding of refugees and link to Christianity (Y3,4,5). Nov 21- Refugee workshop</p> <p>Whole school Rocktopus dance/ music workshop to support children in creating own 'wake up shake up' songs/ routines and videos which can be used in class.</p> <p>Power maths make excellent links to sport and PE to make problem solving in maths 'real'.</p> <p>Links to science topic- human body- investigating impact of exercise on breathing/ muscle strength etc.</p>
Use PE (School Games) values alongside our School Values to reinforce positive behaviour and attitudes in all areas of school and wider life.	School Games Values shared with children and displayed on School Games board and in all classrooms- referred to and used as a tool in other areas of the curriculum.		<p>Children demonstrate positive attitudes and behaviours in all areas of school and wider life through use of School Games Values.</p> <p>School Games Tag Rugby festival- children had to look for and award medals to children from other schools who were demonstrating good School Values. Four of our team were awarded medals.</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport			
Intent	Implementation	Cost	Impact
All staff to be confident in planning and teaching games lessons. All lessons delivered to be good or better.	Introduce new games SOW planning – PE planning website. Staff to have release time to familiarise with materials and revise class planning for PE. Staff to take part in FA virtual training- delivering games teaching.	£314 subscription  £600 (£100 x 6 members of staff half day release) £400 2 days to cover staff for 2 hours each	All staff delivering games confidently. All staff delivering games sessions that are good or better.  Implemented whole school SOW for games. All staff using and feedback excellent. Oct 21 LD- completed FA training online March 22 LD completed Girls Shooting stars training
All staff to be confident in planning and teaching dance lessons. All lessons delivered to be good or better.	Introduce new dance SOW planning – Dance to School and CPD for all staff. Primary PE Passport- Dance to Schools Staff to have release time to familiarise with new dance materials and take part in virtual CPD provided	£355 £500 (release for staff to take part in CPD £100x 5)	All staff delivering dance confidently. All staff delivering dance sessions that are good or better. Oct 21 LD and LD- attended taster workshop for Dance to schools Oct 21 subscribed to Dance to schools Dance SOW and CPD New resource implemented in school- Spring 22 LD and LzD trialling with classes and will feedback to rest of staff. LD Completed Dance to school training Lz D- completed Dance to school training GW- completed Dance to school training JR- part way through Dance CPD
Staff are up to date with latest developments in teaching PE and school sport.	PE lead teacher feed-back (In schedules PD meeting) all updates to all staff and governors (through a written report) after attending all training/ receiving School Games updates. Attend Shropshire Sports Conference and disseminate information to Trefonen staff.	£130.00 Conference (2x £65) £400 supply cover	All staff are up to date with developments in PE and school sport.  October LD and LD attended Sports Conference -enthused by speakers at the conference and many new teaching ideas and opportunities. LD fed back information and updates to all staff at staff meeting. Regular governors updates written and LD delivered PE and school Sport presentation at full spring Governors meeting.
All staff who deliver swimming teaching to be confident in planning and leading group sessions and have necessary training to do so.	SL, MJ, SH to attend 2 day ASA swimming course. Staff who would like further training to also attend as will have been three year gap between next and last teaching session.	£600	All staff who deliver swimming teaching are confident in planning and leading group sessions and have necessary training to do so. Children receive high quality swimming sessions and make good progress. All children leave school meeting minimum curriculum requirements. Due to a change in staff TAs unable to attend out of school training- will book in autumn term. Two TAs received CPD at the pool from swimming instructors and Teachers supporting groups. Both TAs feedback that the training was very useful and helped prepare them to support with swimming sessions next year. All children received high quality swimming teaching and made excellent progress over the sessions. 78% of y6 could swim 25m, 65% at confident, proficient level.

High quality provision in PE in Early Years. EYFS Goals fully implemented	Monitor and support to ensure that pupils in Reception are provided with high quality experiences that enable them to develop strong foundations for learning and progress in PE, in line with the revised EYFS Goals and Development matters guidelines.		Children in Early Years make good progress as a result of high quality provision in PE. Reception teacher using new games SOW to support planning high quality and sequential lessons for reception pupils. Teacher also begun dance CPD in order to deliver new dance SOW.  End of year data from reception pupils shows
To ensure that assessment in PE is carried out effectively to support children in making progress.	Review assessment in PE- revisit 'expected' standard in each area in each year group. Ensure all staff confident about standards expected in each area. Use PE planning assessment for each year group.		Staff confident in expected standard in each area of PE. Children making good progress due to effective assessment.  Adopted progression statements and assessment on PE planning for games, dance and gymnastics to ensure staff are confident in assessing children. Staff use statements to informally assess pupils throughout the term and make formal judgement at the end of the year.
<b>Key indicator 4:</b> Broader experience of a range of sports and activities offered to all pupils			
<b>Intent</b>	<b>Implementation</b>	<b>Cost</b>	<b>Impact</b>
Offer children a range of sporting activities and encourage pupils to take up activity and develop skills in new activities.	Book workshops/ demonstrations of different activities that pupils can try.	£295  £250	All children find an activity that they enjoy taking part in. Children develop skills in a range of physical activities.  19 <sup>th</sup> Oct - Whole school skipping workshop with National Skipping Workshops. Children choosing skipping as activity at playtimes. March- Skateboard workshop for all pupils- very well received May -Cricket Chance to Shine workshop for all pupils
Develop Reception and Year 1 children's confidence and ability riding bikes.  Develop Year 6 pupil's confidence and road safety awareness when riding bikes.  Develop Year 4 children confidence and road safety awareness when riding bikes. (Also target Y5 as they missed last year)	Provide balance bike training for R and Y1 pupils.  Provide Bike ability training for Year 6 pupils.  Provide Y3 Learn to ride sessions  Provide Level 1 bike-ability training year 4/ 5 pupils (Year 4 in future years)  Provide balance bikes for Reception pupils	£ Bike-ability/ balance bike training no cost this year due to Shropshire funding      £486	All children confident at riding balance bike/ bike and know how to ride safely.  100% of Year 6 achieve pass at level 2 bike-ability.  All pupils from y3-6 received training- extremely successful sessions. 4 pupils who were unable to ride before the sessions now able to ride bikes independently. All other pupils developed riding skills. Reception children have access to balance bikes for outdoor play. 6 balance bikes purchased.

Provide high quality dance experiences for children, (which also provides high quality CPD for staff.)	Book high quality dance experiences for all children	See Key Indicator 2	All children experienced high quality dance activities led by qualified dance teachers.  October 21 Diwali dance workshop ks1 and lower ks2  Nov 21 Refugee/ Christmas dance workshop for upper ks2
Reintroduce after school sports clubs following pause due to Covid.	Gain views of pupils on PE and School sport and additional physical activity to find out which clubs they would like offered,		2 x weekly clubs successfully introduced, run by external provider. 3 members of staff ran cross country, netball and Shooting Stars clubs.
Further increase use of outdoor environment to increase active lessons.	Forest school training for as many staff as possible- Level 2.  Provide outdoor shelter area for outdoor activities	£2000 training £2000 release cover £1000- to subsidise FoTs funding.	Staff Forest School trained leading to more use of outdoor/ active lessons in each class. All school staff (Teachers and TAs )now booked on Forest school training with accreditation when all modules completed Outdoor shelter built

**Key indicator 5: Increased participation in competitive sport**

Intent	Implementation	Cost	Impact
<p>Ensure that we have access to a range of competitions at Level 2 (Intra school sport.) To participate in wide range of inter school sport competitions. 100% Y6 pupils to represent the school in competition 60% of Y2-Y5 children to represent the school in competition.</p>	<p>Contribute to Competition Manager at local secondary school. Membership of local sports association Register for competitions offered.</p>	<p>£500 £35 £1000 release cover £1000 transport</p>	<p>School offered and take up a range of inter school sports competitions.  Participated in football y1/2, 3/4, 5/6 and girls only, hockey, rugby, rounders, gym, indoor and outdoor athletics, orienteering, cross country, new age kurling new age Kurling- finished 4<sup>th</sup>, Oct 21- Girls football, Nov Hockey- finished 3<sup>rd</sup> Orienteering 1<sup>st</sup> Ks1 athletics 2<sup>nd</sup>, 3 medals in cross country, rounders y5 3<sup>rd</sup>  100% of y6 children represented the school in at least 1 competition 70% in 3 or more. Year 3 64% Year 4 68% Year 5 94% (65% attending two or more competitions)</p>
<p>Offer personal challenges (level 0 competition) to encourage children to work hard to develop skills, make good progress and develop sense of achievement.</p>	<p>Introduce Daily Mile personal best record  Introduce BA athletics award scheme in summer term.</p>	<p>Supplement cost of badges for first year to introduce the scheme.</p>	<p>Children work hard to develop their personal best, make good progress and feel sense of achievement.  Wrens trialling Daily Mile personal best record- roll out to whole school next year. Lower KS2 trialled athletics awards- loved improving personal best and aiming for higher awards. Roll out to all of ks2 next year.</p>
<p>Additional priorities</p>			
<p>All children leaving year 6 meeting at least minimum requirements for swimming.</p>	<p>Provide additional swimming sessions for Year 5 and 6 to compensate for missed sessions in 2020 and 2021.  Look at possibility of providing additional swimming support for LA swimmers who are unlikely to meet end of Year 6 minimum requirements due to missed sessions over Covid period.</p>		<p>Year six children all achieving at least minimum requirement in swimming.  It was not possible to book pool time until end of summer term. This year we prioritised Y4-6 as so many children had not been swimming for long period of time. 78% of y6 could swim 25m at end of Y6, 65% at confident, proficient level</p>