

Parent forum agenda

Date and time: 23/3/2026

Attendees: TBC

What to discuss

| TOPIC TO DISCUSS | TIME |
|---------------------|------|
| Reviewed of actions | N/A |

Minutes and actions

| MINUTES AND ACTIONS | BY WHOM | |
|--|---------|--|
| <p>WORKSHOP: Understanding Children’s Worries Mental Health Support Team (MHST) Shropshire, Telford and Wrekin “Handling Worries Together” workshop, delivered by an experienced Mental Health Practitioner. This practical session is designed to equip parents and carers with helpful strategies to support children in managing and overcoming anxiety. The service is part of the NHS, who work within BeeU (CAMHS) Children and Adolescent Mental Health Services. Aimed at parents of children aged 5–12, the workshop will explore: What children worry about and why, How to talk to children about their worries, Practical approaches for managing worries at home, We hope you can join us for this informative and supportive session.</p> | | |

Date of next meeting: 18th May 2026